

SHORT PROGRAM FOR SENIOR LADIES

SKATERS	Axel Jump Double	Solo Jump Double or Triple Preceded by FW	Jump Combination Double w. Triple or Triple w. Triple	Solo Spin Flying 8 revs min.	Layback Spin Layback or sideways. May not fly. 8 revs min.	Spin Combination 1 COF. All 3 pos'n. May not fly. 6 revs/foot min.	Spiral Sequence Serpentine, circular-oval. Min. 1 COF Min. 3 pos'n.	Step Sequence Straight line, circular, or serpentine.	Connecting Moves Speed Presentation	2nd Mark includes: Composition Variations in speed Use of ice Motion in time to music Expression of music Originality	
										Base	T.M.
1.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
2.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
3.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
4.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
5.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
6.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
7.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
8.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
9.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.
10.			<input type="checkbox"/> <input type="checkbox"/>							Ded.	Pres.
										T.M.	Total
										Base	T.M.

Axel / Solo Jump Omission 0.5 Fall or less than req'd revolutions 0.4 Rotation not complete 0.2-0.3 Takeoff or landing on two feet 0.3 Step out of a landing 0.3 Repeating jump from comb'n 0.3 Wrong takeoff edge 0.1-0.3	Jump Combination Omission 0.5 Fall on first jump 0.4 Both jumps landed on two feet 0.4 Repeating solo jump or Axel 0.3 Step out of first jump 0.3 Fall on second jump 0.3 Either jump too few rotations 0.3	Spins Omission 0.5 Fall 0.4 Recentering 0.2-0.3 Incorrect number of chg's of pos'n/foot 0.2-0.3 Insufficient revolutions 0.1-0.3 Required position not attained in air 0.1-0.3 Touchdown 0.1-0.2	Sequences Omission 0.4 Fall 0.3 Pattern not correct or no cof in spiral 0.2 Jump of more than half a turn 0.2 Stumble 0.1-0.2 Retrogressions/stops 0.1-0.2 Insufficient positions 0.1-0.2
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